

Craven Leisure

Gym Timetable from April 12th, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
6.15am-7.15am	Gym	Gym	Gym	Gym	Gym
7.30am-8.30am	Gym	Gym	Gym	Gym	Gym
8.45am-9.45am	Gym	Gym	Gym	Gym	Gym
10am-11am	Gym	Gym	Gym	Gym	Gym
11.45am-12.45pm	Gym	Gym	Gym	Gym	Gym
1pm-2pm	Gym	Gym	Gym	Gym	Gym
2.15pm-3.30pm	Gym	Gym	Gym	Gym	Gym
3.45pm-4.45pm	Gym	Gym	Gym	Gym	Gym
5.30pm-6.30pm	Gym	Gym	Gym	Gym	Gym
6.45pm-7.45pm	Gym	Gym	Gym	Gym	Gym
8pm-9pm	Gym	Gym	Gym	Gym	Gym

	Saturday	Sunday
8.30am-9.30am	Gym	Gym
9.45am-10.45am	Gym	Gym
11am-12pm	Gym	Gym
12.45pm-1.45pm	Gym	Gym
2pm-3.30pm	Gym	Gym

Please remember:

- Arrive exercise-ready
- Bring a drink – but not a sweat towel
- Sanitise equipment after use
- Respect social distancing

Gym sessions should be booked via our website:
www.cravenc.gov.uk/craven-leisure/book-activities-online/

