



Dementia friendly environment checklist

As part of Dementia Action Week 2019 the Alzheimer's Society produced this checklist to help you make your venue and your event as dementia friendly and inclusive as possible.

The list is not exhaustive, and you shouldn't be put off your event if you cannot tick them all off. If possible, speak to people living with dementia and ask them how they find your venue.

Quiet space

Do you have a quiet space for someone who might be feeling anxious or confused? A few minutes with a supportive person might be all that's needed.

Signage

- Are signs clear, in bold face with good contrast between text and background?
- Is there a contrast between the sign and the surface it is mounted on? This will allow the person to recognise it as a sign.
- Are the signs fixed to the doors they refer to? They should not be on adjacent surfaces if at all possible.
- Are signs at eye level and well-lit?
- Signs should not be abstract images or icons.
- Are signs placed at key decision points for someone who is at the building/area for the first time?
- Are signs for toilets and exits clear? These are particularly important.
- Are glass doors clearly marked?

Lighting

- Are entrances well-lit and make as much use of natural light as possible?
- Avoid using areas with bright light or deep shadows

Flooring

- Are there any highly reflective or slippery floor surfaces? Reflections can cause confusion.
- Do you have bold patterned carpets? Plain or mottled surfaces are easier; patterns can cause problems to people with perceptual problems.

- Are changes in floor finish flush rather than stepped? Changes in floor surfaces can cause some confusion due to perceptual problems. If there is a step at the same time you also introduce a trip hazard.

Changing rooms and toilets

- Do you have a changing room (where applicable) where an opposite sex carer or partner can help out if the person needs help with their clothes?
- Do you have a unisex toilet or other facility which would allow someone to have assistance without causing them or other user's embarrassment?
- Toilet seats that are of a contrasting colour to the walls and rest of the toilet are easier to see if someone has visual problems.

Seating

- Do you have a seating area where people are waiting? This can be a big help.
- Does your seating look like seating? People with dementia will find this easier (for example a wooden bench would be preferable to an abstract metal Z-shaped bench).

Navigation

- Research shows that people with dementia use "landmarks" to navigate their way around, both inside and outside. The more attractive and interesting the landmark (which could be a painting, or a plant) the easier it is to use it as a landmark. Have you had a good look round and thought about these landmarks?

This checklist is downloadable from

<https://www.alzheimers.org.uk/dementia-friendly-environment-checklist>

This guidance sheet is to provide general guidance only. It does not constitute legal advice and it should not be seen as a complete or authoritative statement of the law. It is the responsibility of village venue trustees or event organisers to ensure that they fully comply with the law. The Council is not responsible for the content of external websites referred to in any of these guidance sheets.